

Young Knocknaheeny Area Based Childhood Programme, Cork.

Lead Agency	Northside Community Health Initiative (Cork) Ltd. – NICHE
Consortium Members	NICHE, Cork City Council, University College Cork, TUSLA/ Springboard, School Completion Programme, St Mary on the Hill National School, Barnardos Brighter Futures Centre, Hollyhill-Knocknaheeny Family Centre, Kidscope, HSE Cork North Speech and Language Dept.; HSE Cork North Sector 4 Dept. Public Health Nursing
Service Delivery Partners	NICHE; Tusla/ Springboard; Tusla/ North Lee Social Work Department; Tusla /School Completion Programme; HSE Cork North Speech and Language Dept.; HSE Cork North Community Work Dept.; HSE Sector 4 Public Health Nursing; Northside GP's; Cork City Council /City Northwest Regeneration; Kidscope; Hollyhill Library; A Plus Education; Archways; Foroige Youthlinks; HSE Cork University Maternity Hospital; UCC departments of: Epidemiology and Public Health; Applied Social Studies; Medicine and Child Health; Nursing; Psychology; Barnardos; Brighter Futures Centre; Before 5 Family Centre; Padre Pio Early Start; Hollyhill Knocknaheeny Family Centre St Marys on the Hill Playlands Crèche; Paisti @ no. 3 Preschool and Crèche; Cork City Childcare Company; St Mary on the Hill National School; Sundays Well Girls National School; Sundays Well Boys National School; Scoil Padre Pio; North Cork Infant Mental Health Network.
Geography	Cork Northside areas of: Churchfield, Gurrabraher, Hollyhill, Knocknaheeny, parts of Faranree; and relocated families within City Northwest Regeneration.
Strategy	Four interconnected strategies: 1: Infant Mental Health and Wellbeing; 2: Speech Language and Literacy; 3:

		<p>Early Childhood Care and Education; 4: Prosocial Behaviour and Self-Regulation.</p> <p>Underpinned by a common understanding and language of early childhood development consolidated by an Infant Mental Health Framework.</p>
Approach		<p>Provision of services along a continuum of progressive universal to targeted, that is evidence based; Building on local infrastructure and skills to develop quality systems and services for all children and families; Implementing capacity building measures, interdisciplinary practice and integrated service provision.</p>
Objective		<p>Recognition of emotional regulation as a core developmental task in early social and emotional development equal to that of physical developmental tasks; Improved child development outcomes; systems and community change; addressing childhood poverty</p>
Policy Alignment		<p>Implementation of all transformational goals of BOBF; alignment with TUSLA Prevention Partnership and Family Support Strategy; National Maternity Strategy, Healthy Ireland, Nurture etc.</p>
Research		<p>YK Programme incorporates an ongoing integrated research and evaluation. This includes documenting the programme, with both process and outcome analysis, reporting with implications for practice and policy.</p>
Programme		
Team Composition	Staff	<p>Manager Administrator 4 Infant Parent Support Workers (IPS) Staff Grade Speech and Language Therapist Oral Language Development Officer (OLO) Research Officer Programme Assistant</p>

	Secondments	Public Health Nurse Senior Clinical Psychologist Infant Mental Health Specialist IMH-E® (III & IV) Senior Speech and Language Therapist Oral Language Development Officer (OLO)
	Contractors	Consortium Member Early Years Strategy Co-ordinator Consortium Member Incredible Years Strategy Co-ordinator Independent Early Years Ongoing Quality Improvement Mentor
Direct Service for Parents, Infants and Children	Infant Mental Health and Wellbeing	<ul style="list-style-type: none"> -Pre-birth to 3 years invitation to parent to register with Young Knocknaheeny (YK) Programme -Pre-Birth Home screen: Incorporated Psychological assessment of preparation for parenthood -Pre-birth to 3 years interdisciplinary home visiting programme informed by Michigan Infant Mental Health Home Visitation Model -Universal Transition to Parenthood Group: 6 weeks psychological preparation programme for expectant parents -PEEPS Learning Together Programme 0–4years
	Speech Language and Literacy	<ul style="list-style-type: none"> -Babbling Babies universal communication session with parents and 9month baby in conjunction with PHN clinics -Junior Infant Speech & Language Assessments and follow up -Contributing to 0-3 interdisciplinary IMH home visitation model -Eiklan Lets Talk with your Baby Group 3-12 months
	Early Care and Education	-Young children benefiting from a local Early Care and Education setting involved in Young Knocknaheeny ongoing quality improvement process

	Prosocial Behaviour and Self-Regulation	<ul style="list-style-type: none"> -Incredible Years Basic Parent Programme 2-8 years -Primary School children experiencing Incredible Years Teacher Classroom Management strategies and Classroom Dina programme
Work Force Capacity	Infant Mental Health and Wellbeing	<ul style="list-style-type: none"> -Infant Mental Health Consultations available to practitioners and services -Infant Mental Health Reflective practice supervision (YK Staff) –working toward accreditation -Environments of continuous learning: Infant Mental Health 2 day Masterclasses in communities and in-house training, followed by monthly practitioner network meetings. -PEEPS Learning Together Programme Leader Training
	Speech, Language and Literacy	<ul style="list-style-type: none"> -Delivering Early Years Hanen ‘Learning Language & Loving It’ programme -Delivering Junior Infant teacher training and classroom based coaching -Provision of oral language development training to YK team members & supporting implementation of Eiklan Let’s Talk with your Baby group
	Early Years Care and Education	<ul style="list-style-type: none"> -Early Years ECERS and ITERS assessments and reports for all rooms pre and post YK quality improvement programme -Highscope curriculum training for Crèche and Preschool Staff -Montessori 3 day Masterclass -On Site specialist implementation mentoring within the Aistear Framework -Environmental enhancement supports -Skills development for staff supervision
	Pro-social Behaviour and Self-Regulation	<ul style="list-style-type: none"> -Incredible Years Teacher Classroom Management Training -Incredible Years Basic Parent Leader Programme Training

		-Incredible Years Whole Classroom Dina Programme Training
Service Integration	Infant Mental Health and Wellbeing	-Consultation provided by Michigan Association of Infant Mental Health -Interagency Wrap-Around Model for interdisciplinary family work -Kidscope Paediatric Doctor Led Community Child Development Assessment Clinic incl. Registration of families to YK Programme; Clinic process documentation and communication; Clinic Administration; responding with interdisciplinary practice for families; -Co-ordination of a local PEEPS Learning Together Programme facilitators Network Group and co-facilitation of local programme delivery
	Speech Language and Literacy	-Cross- service implementation groups -Speech and Language Consultations
	Early Years Care and Education	-Developing and sustaining an Early Years Managers Forum -Implementation of standardised transition tools for children entering preschool and primary cycle. -Local promotion of Early Years Centres in their contribution to children's early education and development -Developing co-ordinated strategies for greater parental involvement.
	Pro-Social Behaviour and Self-Regulation	-Supporting the development and sustainability of the IY Parent Leader Facilitators Peer Group: Supporting roll out of parent programme, promotion, referrals, preparation of participations, logistics. -Working toward facilitator accreditation, mentoring and training delivery.
	Children	2,500

Programme Reach	Jan 15 –	Parents	450
	Dec 17	Practitioners	310
	Actual and projected data	Services	40